

DEPRESSION

UNIPOLAR DEPRESSION

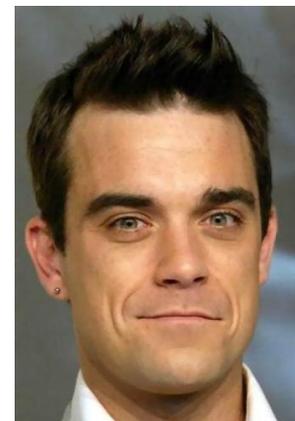
2014
AAFoster
AFoster



Ben Stiller



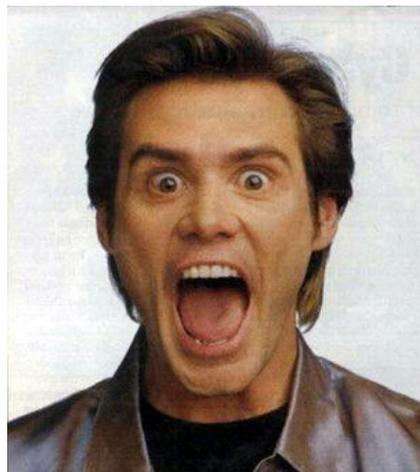
Robin Williams



Robbie Williams



Stephen Fry



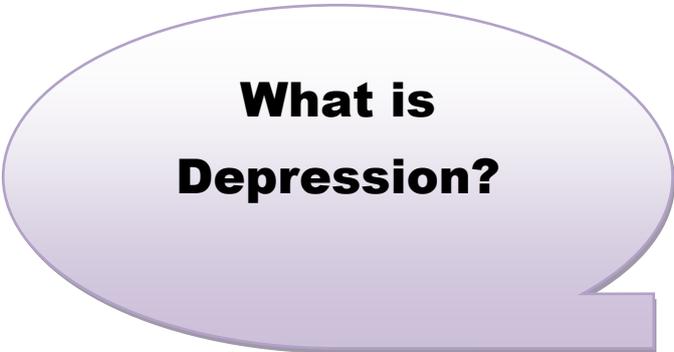
Jim Carey

Evaluative commentaries are in italics throughout

See Appendix page 30 for how to evaluate to gain top grades

DEPRESSION

DEPRESSION	
Clinical characteristics of depression	Issues surrounding the classification and diagnosis of depression, including reliability and validity
Biological explanations of depression	For example, genetics, biochemistry
Psychological explanations of depression	For example, behavioural, cognitive, psychodynamic and socio-cultural
Biological therapies of depression,	Including their evaluation in terms of appropriateness and effectiveness
Psychological therapies for depression	For example, behavioural, psychodynamic and cognitive-behavioural, including their evaluation in terms of appropriateness and effectiveness



The DSM-IV of Mental Disorders (2000) lists the criteria for major depression disorder (MDD): When five or more of the following are experienced continually over two weeks. Symptoms outlined interfere with normal life activities such as work and relationships it should be pointed out that the DSM list symptoms:

- **Emotional symptoms:** feelings of sadness, loss of mood and loss of pleasure from what were previously enjoyable activities. Mood alters during the course of the day, typically being lowest in the morning and gradually showing improvement as the day progresses.
- **Physical symptoms:** Disturbances of sleep: patients sometimes report insomnia, but sleeping longer than before is also common, perhaps as patients attempt to escape their problems; problems in movement
- Significant weight loss or appetite may increase in the form of comfort eating. Part of this may be due to boredom since typically depressed people tend to have lower activity levels.
- **Motivational symptoms:** Apathy and loss of drive are common; loss of energy. Typically the depressed person will sit around waiting for things to happen, making no attempt to initiate activity or social contact. This could be because they do not want people to see them in a depressed state.